



WELCOME BACK!

We are excited to welcome back all of our athletes, volunteers, coaches and families to the 2022-23 Water Polo season! It hasn't even been a full year since Vortex Water Polo (VWP) became an official club, the result of merging Neptunes and Bushido. Our goal has been to create a diverse club, grow the sport, develop players and coaches, and provide increased game play opportunities.

WHAT'S NEW?

An important objective for our first year was to start professionalizing our coaching program.

We couldn't be more excited to announce the following appointments!

Michael Reid– Technical Director

Michael (Mike) Reid is no stranger to water polo in Winnipeg and Manitoba! As a passionate advocate for water polo at all levels, Mike strives to create programs and a culture that is supportive, welcoming and inclusive for all athletes. Mike has over 30 years experience as a water polo player, Head Coach, instructor and training facilitator. Mike played on the youth National Team and was an Assistant Coach for the youth Girls National Team. In addition to his many coaching certifications, Mike holds a Bachelor of Human Ecology (major in nutrition), is a Certified Strength & Conditioning Specialist, and a Certified Personal Trainer. The Technical Director reports to the Board of Directors and is responsible for the direction and development of players, coaches, and coaching programs for the club. In so doing, the Technical Director will create a sustainable system that provides coaches with support while also ensuring the progressive development of our athletes.



Michael (Mike) Reid is no stranger to water polo in Winnipeg and Manitoba! As a passionate advocate for water polo at all levels, Mike strives to create programs and a culture that is supportive, welcoming and inclusive for all athletes. Mike has over 30 years experience as a water polo player, Head Coach, instructor and training facilitator. Mike played on the youth National Team and was an Assistant Coach for the youth Girls National Team. In addition to his many coaching certifications, Mike holds a Bachelor of Human Ecology (major in nutrition), is a Certified Strength & Conditioning Specialist, and a Certified Personal Trainer. The Technical Director reports to the Board of Directors and is responsible for the direction and development of players, coaches, and coaching programs for the club. In so doing, the Technical Director will create a sustainable system that provides coaches with support while also ensuring the progressive development of our athletes.

Brenden Jamieson (Pizey) – Head Coach Women's Program

Brenden has coached, volunteered, and played water polo for nearly twenty years in Manitoba! In his capacity as a coach with Bushido Water Polo and various schools in the Manitoba Water Polo Association High School League, he was responsible for creating training plans, planning and overseeing dryland and pool practices, preparing teams for games and tournaments, coordinating travel arrangements, athlete goal setting and monitoring, and communicating with parents/guardians. Brenden aims to foster a growth mindset in each individual player, improve technical abilities, and focus on team building. Brenden has obtained Advanced Competitive Coach (NCCP III) in water polo. Prior to completing his Bachelor of Education, Brenden was Assistant Director of Camp Stephens. Brenden has incredible experience working with youth and is eager to be a part of growing our club. Brenden will work with Mike and Julian the rest of our coaches, to develop and implement programming for both recreational and competitive streams.



Julian del Campo– Head Coach Men's Program

Julian has been involved with water polo since he was 12 years old- first as a player, later as an official, and for the last 10 years as coach and referee. Julian has a thorough knowledge of the rules, regulations, strategies and techniques of water polo. Since 2012, he has been an active coach with Neptunes and now with Vortex, working with all age groups. Julian has been a member of the Vortex Board of Directors, and has done an outstanding job working directly with youth coaches, supporting and mentoring their development. A certified Competitive Coach, Julian believes strongly in creating a continuous learning environment for his athletes, but also for himself. Creating strong relationships and providing sound technical advice is at the center of everything he does. This will prove to be a tremendous asset as he works with Mike and Brenden in developing programming, in collaboration with the other coaches.



2022-23 Program and Registration information coming soon!