



CAPITAL DISTRICT MINOR FOOTBALL ASSOCIATION

CDMFA Procedure For Injuries

1. PLAYERS THAT ARE NOT INJURED GO TO YOUR SIDELINE SO TRAINERS CAN IDENTIFY INJURED ATHLETE (IF COACHES OR CLUB WANTS ATHLETES TO TAKE A KNEE PLEASE DO SO AT YOUR SIDELINE)
2. TRAINERS ASSESS AND ATTEND TO INJURED ATHLETE
3. COACHES REMAIN ON SIDELINE WITH YOUR TEAM AND ALLOW TRAINERS TO DO THEIR JOB
4. TRAINERS DETERMINE IF EMT IS REQUIRED
5. IF EMT IS REQUIRED INITIATE EAP AS LAID OUT BY YOUR CLUB/TEAM/OPPOSING TEAM & FACILITY
6. ONCE EMT'S ARE BEING CALLED PLEASE TAKE BOTH TEAMS YOUR LOCKER ROOMS (THIS WILL ALLOW THE EMT'S THE SPACE TO DO THE WORK THEY NEED TO DO AND WILL ALSO PROTECT THE MENTAL WELL BEING OF ALL THE OTHER ATHLETES NOT HAVING TO WITNESS A TEAMMATE/OPONENT BEING ATTENDED TO BY EMT'S)
7. ONCE PLAYERS ARE SETTLED IN THE LOCKER ROOMS WITH ASSISTANT COACHES, HEAD COACHES PLEASE MEET WITH EFOA OFFICIALS ALL TOGETHER TO ENSURE THEY KNOW WHICH LOCKER ROOMS YOUR TEAMS ARE IN AND START DISCUSSING PLANS DEPENDING ON SEVERITY OF INJURY SO EVERYONE IS ON THE SAME PAGE
8. ONCE THE INJURED ATHLETE HAS BEEN ATTENDED TO AND THE AMBULANCE HAS LEFT THE FIELD, HEAD COACHES CAN MEET WITH OFFICIALS TO DETERMINE THE BEST COURSE OF ACTION DEPENDING ON THE LENGTH OF DELAY, TIME OF OCCURRENCE IN THE GAME, SEVERITY OF INJURY AND MENTAL WELL BEING OF ATHLETES AND COACHES FROM BOTH TEAMS.
9. AT THIS TIME HEAD COACHES AND OFFICIALS WILL CHOOSE FROM THE FOLLOWING IN CONSULTATION WITH A MEMBER FROM CDMFA:
 - A. RESUME PLAY FROM WHERE WE WERE IF TIME PERMITS
 - B. BRING ATHLETES BACK FROM LOCKER ROOM AND DO MODIFIED WARM UP AND PLAY SECOND HALF IF TIME PERMITS
 - C. CALL THE GAME RESULTING IN THE SCORE BEING RECORDED AS IS AT TIME OF INJURY
10. IF DELAY IS LONGER THAN 20 MINUTES WITH ATHLETES IN THE LOCKER ROOM PLEASE COMPLETE AN UP TO 7 MINUTE MODIFIED WARM UP TO ENSURE ATHLETES ARE WARM AND READY TO PLAY

PLEASE REMEMBER THAT AS VOLUNTEERS, TRAINERS, COACHES, BOARDS, OFFICIALS AND EXECUTIVES OUR NUMBER 1 PRIORITY IS THE SAFETY AND WELL BEING OF ALL OUR YOUNG ATHLETES AND COACHES (NOT JUST THE INJURED ONE) AND IN SITUATIONS LIKE THIS THE SCOREBOARD SHOULD BE THE LAST THING ON ANYONES MIND!